

SVHS Dons Daily Bulletin



Tuesday, September 17, 2024

Announcements

As part of honoring Latino cultures and contributions, Dual Language Club is highlighting lots of information this month. Many Latinos from Latin American countries celebrate their independence in September. El Salvador, Honduras, Costa Rica, Guatemala and Nicaragua celebrate it September 15th and Mexico on September 16th.



Hey DONS: Do you find yourself stressed out and anxious all of the time? Do you want to learn some strategies to help manage stress, enhance your mental health and learn some yoga along the way? Then come join Mr. Garcia's Advisory Period. We will learn all about mindfulness, stress management and yoga. Yoga is also great for enhancing strength, mobility and flexibility for athletes and is practiced by NBA players like LeBron James, WNBA player Alana Beard, NFL player Tom Brady, MLB player Evan Longoria and Soccer player Hope Solo. Anyone interested in joining MUST come speak to Mr. Garcia in Room 513 during Brunch by Friday, September 27th. Space is extremely limited and juniors and seniors will have priority. I hope to see you on the mat soon!

Students: Do you have a job? Do you need help finding a job? We have a class for you! The Career Exploration Class meets Wednesdays from 3:35-5:00 and lets you earn Elective credits for hours that you work. See Ms. Svider in the Counseling Office for more information.

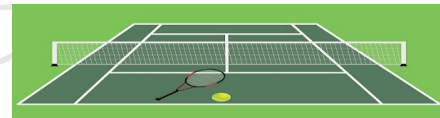


Sports

Girls Varsity Flag Football vs Azusa
@ Sierra Vista - 3:30

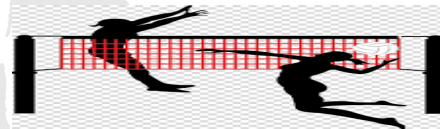


Girls JV Tennis vs Montebello
@ Sierra Vista - 2:15



Girls Varsity Tennis vs Montebello
@ Montebello - 3:30

ALL Girls Volleyball vs Baldwin Park
@ Sierra Vista - 3:30



Boys Varsity Water Polo vs Nogales
@ Sierra Vista - 3:30



Clubs & Activities

DonsBuddy is having their first meeting this Thursday during Lunch in Room 513. It's the perfect place for you to chill and play games. We hope to see you there!

Attention ALL 10th, 11th and 12th Grade Students: Do you have a 3.7GPA or above? Are you involved in a club or sport on campus? Do you have community service hours? Then you are eligible to apply for the S.V.H.S. National Honor Society. We are an organization on campus that recognizes students that are involved on campus and work hard in class. Come by Room 510 for questions or a paper application. Or look for our flyers and QR code or Instagram for our digital application.



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College Visits

Attention Students: The representative from UC Davis will be on campus Wednesday, September 18th, during 2nd period and the representative from Columbia University will be on campus Wednesday, September 25th, during 5th period. Please take advantage of these opportunities, as you will learn how to get accepted to these universities, via transferring from a community college or going straight from high school. You will also learn the different programs of study they offer. Remember that all campuses are quite different and they don't all offer the same programs. Please register in the Counseling Office or by scanning the QR Codes on the flyers around campus.



UC DAVIS
AGGIES



Faculty Section

Please Release The Following

Girls JV & Varsity Tennis

@ 1:00

Girls Varsity Flag Football

@ 2:00

ALL Girls Volleyball

@ 2:00

Boys Varsity Water Polo

@ 2:00

Group B
has duty this week